

Friday, August 5, 2016

10:30-12:00

Board Room

MEETING OF THE BOARD OF DIRECTORS
of The International Institute for Advanced Studies
in Systems Research and Cybernetics

LUNCH BREAK 12:00-15:00

Friday, August 5, 2016

15:00-17:00

TBA

6th Special Focus Symposium and
Workshop on Humor and Laughter - With Audience Participation

Moderators: Prof. Winfried K. Rudloff, Governors State Univ., Univ. PK. IL, USA
Prof. Otto E. Rössler, University of Tübingen, Tübingen, Germany
Prof. Greg Andonian, Carleton University, Ottawa, Ontario, Canada

This Symposium / Workshop will provide forum for discussing how humor and laughter can enhance the quality of human life and human health, how it can help to peacefully resolve conflicts, relieve tension, reduce stress, decrease anxiety and fear, and improve the overall sense of personal wellbeing. It will discuss how humor and laughter can deepen our insight, improve perception and comprehension of things and people, and help to solve many complex problems. It will explore how humor and laughter can help to break down barriers and promote understanding and cooperation between people, cultures and social groups, and how it can improve the quality of human communication and interaction.